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Ready | Respectful | Safe

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Dear Families

My Family Coach

We know it's hard to understand children's behaviour and find the best ways to support them as they grow up. We have been looking for further ways to support you at home and have teamed up with My Family Coach.

My Family Coach is a free website produced by specialists in child behaviour, parenting, and education. They have extensive experience working with organisations to understand children's behaviour. Their behaviour support training is used in over 13,000 settings around the world.

If you need support, are looking for help, or have a parenting question, you'll find everything you need with My Family Coach.

The website is full of resources on popular parenting topics, such as screen time, calming down, and mental wellbeing. They have a wide range of articles, podcast episodes, and videos available to support you with challenges such as anger, bereavement, sleep, and anxiety.

My Family Coach provides support when you need it most.

It's simple to sign up using our unique registration key and is completely free to register.

1. Register on the My Family Coach website: myfamilycoach.com
2. Add our registration key when you register: **FSGT0625U**



We hope you find the resources useful. If you have any problems registering, please get in touch.

Yours faithfully

aramanandi

Mr A Ramanandi
Head Teacher

Respect

Independence

Perseverance

Kindness

Teamwork

